

MEASLES

A highly contagious viral infection



Measles is six times more contagious than flu!

Children under the age of 10 have the highest risk of contracting the disease.

30% of those infected develop more serious complications which can lead to hospitalization.



People who are **not immunised** against measles, people with a **weakened immune system**, **pregnant women** and children **under 12 months** have the **highest risk** of developing **complications** from this disease.



Symptoms



red blotchy rash



fever



cough



cold



conjunctivitis

All vaccinated, all protected!

Vaccination with **2 doses** of the MMR (measles-mumps-rubella) vaccine is the **only effective protection** against the disease.

Check your vaccination status and that of your family. If it is incomplete or uncertain, contact your general practitioner.



In case of symptoms

- **Contact your general practitioner BEFORE** you go to the consultation
- **Wear a face mask** when you go to the consultation
- **Avoid contact** with other people, especially those who have not been vaccinated or who are vulnerable (pregnant women, infants, etc.)
- Do not resume your activities before your doctor has cleared you to do so



vivalis.brussels

Se porter bien, vivre mieux
Voel je goed, leef beter