

# MEASLES

A highly contagious viral infection



Measles is six times more contagious than flu!

**Children under the age of 10** have the highest risk of contracting the disease.

**30% of those infected** are at risk of **complications** that can lead to hospitalisation.



Persons **not immunised** against measles, persons with **impaired immunity**, **pregnant women** and children **under 12 months of age** are **most at risk of complications** from measles.



## Symptoms



red blotches



fever



coughing



cold symptoms



conjunctivitis

## Vaccination = protection

A **vaccination with two doses** of the MMR vaccine (mumps-measles-rubella) is the only **effective** protection against the disease. **Check your vaccination status and that of your family:** if the status is incomplete or if you have any doubts, contact your general practitioner.



## In case of symptoms

- **Contact your general practitioner BEFORE** you go to the consultation.
- **Wear a mask** when going to the consultation.
- **Avoid contact** with others, especially unvaccinated or vulnerable persons (pregnant women, infants, etc.).
- Wait for your general practitioner's permission before resuming your activities.

